Reflection: What's One Belief I Want to Change About Money?

Take a moment to reflect: What limiting belief about money do I want to change?



Journal Prompt:

I used to believe...

But now I want to believe...



"Shift your mindset, change your financial future."



Goal Check-In: Are My Goals SMART & Aligned?

Review your goals using the **SMART** criteria:

S Specific	M Measurable	A Achievable	R Relevant	T Time-Bound
Is it clear and detailed?	Can I track my progress?	Is it realistic and attainable?	Does it align with my values?	Is there a deadline?

Adjust & Plan:

What steps will I take to reach my goals?

- ☑
- ☑
- ☑
- ☑



"Set goals that inspire and reflect your true values."





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